



Attestation for Return Hockey Activities Following Illness

Player's Name:

My child was sent home from or denied entry to hockey activities because of an illness that might be COVID-19 on

(date - dd/mm/yyyy)

I attest that my child may return to hockey activities on

for the following reason (**check one**):

(date – dd/mm/yyyy)

My child's symptoms are not new and have not changed. My child was previously seen by a doctor or nurse practitioner and was diagnosed with a chronic condition, such as allergies or asthma, with the exact same symptoms my child has now.

We took my child to a doctor or nurse practitioner during the time since my child was sent home or denied entry to hockey activities. The doctor or nurse practitioner told us that another diagnosis (medical reason) other than COVID-19 explains my child's symptoms (why my child was feeling sick).

My child did NOT have a COVID-19 test but completed 10 days of self-isolation from the date when my child started to feel sick **AND** is feeling better **AND** has not had a fever for at least 24 hours.

My child has been deemed a close contact with a COVID positive patient and has quarantined per public health requirements.

My child had a negative COVID-19 test after starting to feel sick **AND** has NOT felt sick for at least 24 hours* **AND** has NOT been told by the Regional Public Health or a healthcare provider to continue to self-isolate for a total of 14 days because my child was a close contact of a person with COVID-19.

My child did NOT have a COVID-19 test, but had only ONE of the following symptoms: sore throat; stuffy nose and/or runny nose; headache; nausea, vomiting, and/or diarrhea; OR general feeling of being unwell, lack of energy, extreme tiredness, poor feeding in infants **AND** symptoms improved over 24 hours* of monitoring.

*** Please note: For vomiting and diarrhea, your Regional Public Health Unit recommends your child does not return to hockey activities until 48 hours after symptoms have gone away.**

Mild symptoms like a runny nose do not have to be completely gone when your child returns to hockey provided the mild symptom is improving and other symptoms have stopped.

Parent/Guardian Name: